



Dr. Steven C Spencer  
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## MEDICAL/COSMETIC HISTORY

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**Date of Birth:** \_\_\_/\_\_\_/\_\_\_ **Age:** \_\_\_ **Occupation:** \_\_\_\_\_  
**Phone numbers:** (H) \_\_\_\_\_ (C) \_\_\_\_\_ (W) \_\_\_\_\_  
**Email:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **City/State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**REASON FOR TODAY'S VISIT:** \_\_\_\_\_

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**How did you learn of About Face & Body?** \_\_\_\_\_

### LIST ALL CURRENT MEDICATIONS:

Include prescriptions, over-the-counter medications, and supplements (both oral and topical.)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

**Have you taken Accutane (isotretinoin)?** Yes/No If Yes, when? \_\_\_\_\_

**Do you have any allergies?** (medications, food, products, etc) Yes/No  
If yes, list and describe reaction: \_\_\_\_\_

**Do you have Herpes Simplex or Cold Sores?** Yes/No

**Reactions to adhesives, latex or bandages?** Yes/No If yes,  
explain: \_\_\_\_\_

**Have you ever had a reaction to local anesthesia (including dental)?** Yes/No If yes,  
explain: \_\_\_\_\_

**Have you been on blood thinners, aspirin or have a history of a bleeding disorder?**  
Yes/No If yes, please explain: \_\_\_\_\_

**Are you currently under the care of a dermatologist? If so, please describe.** \_\_\_\_\_

**Have you ever noticed darkening of scars or "hyperpigmentation" after injury to the skin or in areas of repeated trauma or friction? If so, please explain.**

\_\_\_\_\_  
\_\_\_\_\_

**SKIN:** Please check if you have had any of the following:

- |  |   |
|--|---|
| <input type="checkbox"/> Actinic Keratosis   | <input type="checkbox"/> Skin Cancer (if so, type)_____   |
| <input type="checkbox"/> Abnormal Moles      | <input type="checkbox"/> Acne <input type="checkbox"/> Rosacea <input type="checkbox"/> Keloid Scarring |
| <input type="checkbox"/> Abnormal Pigment    | <input type="checkbox"/> Rashes <input type="checkbox"/> Psoriasis <input type="checkbox"/> Eczema      |
| <input type="checkbox"/> Excessive Sweating  | <input type="checkbox"/> Skin Infections <input type="checkbox"/> Severe sunburn                        |
| <input type="checkbox"/> Very sensitive skin | <input type="checkbox"/> Severely dry skin <input type="checkbox"/> Skin infections                     |

**MEDICAL HISTORY:** Please check if you have had any of the following:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Asthma              | <input type="checkbox"/> Breathing problems    | <input type="checkbox"/> Chronic Bronchitis  |
| <input type="checkbox"/> Tuberculosis        | <input type="checkbox"/> Heart attack          | <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> Irregular heartbeat | <input type="checkbox"/> Phlebitis/blood clots | <input type="checkbox"/> Pacemaker           |
| <input type="checkbox"/> Defibrillator       | <input type="checkbox"/> Epilepsy/seizures     | <input type="checkbox"/> Diabetes            |
| <input type="checkbox"/> Low Blood Sugar     | <input type="checkbox"/> Thyroid Disorder      | <input type="checkbox"/> Fainting            |
| <input type="checkbox"/> Dialysis            | <input type="checkbox"/> Kidney Disease        | <input type="checkbox"/> Hepatitis           |
| <input type="checkbox"/> Cancer              | <input type="checkbox"/> Organ transplant      | <input type="checkbox"/> Lupus               |
| <input type="checkbox"/> HIV/AIDS            | <input type="checkbox"/> Arthritis             | <input type="checkbox"/> Artificial Joint    |
| <input type="checkbox"/> Clotting disorder   | <input type="checkbox"/> Slow healing          | <input type="checkbox"/> Dental Implants     |

Have you ever been hospitalized? Yes/No. If so, explain:

\_\_\_\_\_

Have you ever had major surgery?: Yes/No. If so, explain:

\_\_\_\_\_

Have you had a serious injury or illness in the past year? Yes/No. If so, explain:\_\_\_\_\_

Do you smoke cigarettes? Yes/No. If yes, # packs per day?\_\_\_\_\_

Do you drink alcohol? Yes/No. If yes, # of \_\_\_\_ drinks per week.

**Women:**

Are you pregnant or nursing? Yes/No.

Are you planning to become pregnant? Yes/No. If yes, how soon?\_\_\_\_\_

Are you now having regular periods? Yes/No. If no, please explain:\_\_\_\_\_

Are you on hormonal therapy? Yes/No. If yes, please explain:

\_\_\_\_\_

**Please list any cosmetic treatments you have had in your history:**

\_\_\_\_\_

**Please check if you have any of the following concerns:**

- |  |   |
|--|---|
| <input type="checkbox"/> Uneven pigmentation   | <input type="checkbox"/> Fine Lines or Wrinkles             |
| <input type="checkbox"/> Lines around Nose or Mouth                                    | <input type="checkbox"/> Dark Circles/Puffiness of Eye Area |
| <input type="checkbox"/> Sagging Skin  | <input type="checkbox"/> Brown Spots                        |
| <input type="checkbox"/> Broken Blood Vessels – Face                                   | <input type="checkbox"/> Spider Veins                       |
| <input type="checkbox"/> Varicose Veins  | <input type="checkbox"/> Unwanted Hair                      |
| <input type="checkbox"/> Oily Skin   | <input type="checkbox"/> Active Acne                        |
| <input type="checkbox"/> Flushing/Red or Ruddy Skin                                    | <input type="checkbox"/> Rough/Coarse Skin                  |
| <input type="checkbox"/> Large Pores   | <input type="checkbox"/> Oily Skin                          |
| <input type="checkbox"/> Skin Tags or Moles  | <input type="checkbox"/> Acne Scars                         |
| <input type="checkbox"/> Stretch Marks   | <input type="checkbox"/> Scars                              |
| <input type="checkbox"/> Thin Lips   | <input type="checkbox"/> Jowls                              |
| <input type="checkbox"/> Sun damaged skin  | <input type="checkbox"/> Flabby arms                        |
| <input type="checkbox"/> Eyelashes: Longer/Fuller/Darker?                              | <input type="checkbox"/> Cellulite                          |
| <input type="checkbox"/> Problem areas of fat storage not improved by diet or exercise |   |
- Other concerns not listed above? \_\_\_\_\_

<b>When looking at my face in the mirror, I believe I look younger, the same as, or older than my true age.</b>		
Younger Than	True Age	Older Than
<b>When looking in the mirror, I am not concerned, somewhat concerned, or very concerned about the appearance of my wrinkles</b>		
Not Concerned	Somewhat Concerned	Very Concerned

*I understand that after I sign this waiver, I agree to inform the provider/staff with ANY changes pertaining to the above questionnaire prior to any future treatments. I certify that the preceding medical, personal and skin history statements are true and correct. I am aware that it is my responsibility to inform the technician, esthetician, therapist, doctor or nurse of my current medical or health conditions and to update this history now and in the future. A current medical history is essential for the caregiver to execute appropriate treatment procedures. I understand that payment is due at time of all services and products. There are NO REFUNDS on any services.*

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_