



### **Exilis Pre Treatment Considerations**

Exilis is contraindicated in patients with metal implants as well as any active implanted device. Exilis is also contraindicated for women who are pregnant or lactating. Please be sure to share your complete medical history with us so we can make sure Exilis is right for you.

Please wear comfortable clothing on the day of your treatment so we can gain access to your back/buttocks/thighs for easy placement of the ground electrode as well as the treatment area.

No make-up, creams or lotions on skin; no jewelry. Skin should be hair free.

If the treatment area is on your body (instead of face), please arrive at your appointment well hydrated. Ideally, you should hydrate the day before, the day of, and the day after your treatment as this will result in a more comfortable and efficacious treatment. Additionally, we recommend light physical activity after treatment to help with lymphatic flow.