



FRACTIONAL CO2 LASER PRE-TREATMENT INSTRUCTIONS

Thank you for choosing About Face & Body at Kelliwood Family Practice. In our efforts to provide you with the best possible service, we ask that you carefully review these Skin Rejuvenation Pre-Treatment instructions. If you have any questions about these instructions or require any clarification, please let us know. To obtain the maximum benefit from your skin rejuvenation treatment, it is crucial that you understand and adhere to these instructions. Failure to comply with these instructions may affect your treatment outcome and increase the likelihood or severity of complications. We are confident that if you follow these instructions, you will be exceptionally pleased with the results of your treatments.

1. Please follow all guidelines set forth in the treatment consent form. Discuss your medical history, medications, allergies, skin typing and any tendency for scarring or poor healing with your consultant.
2. Avoid sun tanning or tanning creams for at least 4 weeks prior to treatments. This will also be required for at least 4 weeks after treatment.
3. Avoid products containing tretinoin/Retin-A for 1 week prior to treatment. Do not use glycolic acid or other alpha hydroxyl acid products for 1 week prior to treatment. These medications and products increase your skin's sensitivity, which can significantly increase the likelihood of complications.
4. Avoid the use of aspirin, ibuprofen, omega-3 fish oil and other anti-inflammatory or blood thinning medications for 7 days prior to treatment, as these will increase the likelihood of pin point bleeding after treatment.
5. Do not have any open sores or skin infections in the treatment area.
6. No waxing, sugaring, threading or other epilation (hair removal treatments) the week before treatments. Shaving is permitted.
7. Please notify staff if any questions or concerns prior to your treatment.