



RejuVAnate CO2 Vaginal Rejuvenation Laser Treatment

Pre Treatment Recommendations

- Pre-treatment evaluation and clearance should be completed, including the minimum of pap smear, vaginal cultures (if indicated) and hormone testing (if indicated).
- Refrain from vaginal sexual activity for 48 hours prior to treatment.
- Avoid use of any vaginal creams, ointments or lubricants for 48 hours prior to treatment.
- Please be as certain as possible of the scheduling for the treatment so as to avoid menstrual cycles.
- Shower or bathe the morning of the treatment so that the area to be treated is clean.
- Closely clip, trim the vulvar area before treatment. If the vulvar area is to be treated as well, shave the area 24-48 hours prior to treatment.
- Dress in loose fitting pants and cotton underwear on the day of the treatment and bring a panty liner for post treatment.
- Understand and sign a CONSENT TO TREAT form.